

NANDA Nursing Diagnoses	ASHAR Code #	Definition
Activity Intolerance	620	A state in which an individual has insufficient physiological energy to endure or complete required or desired daily activities.
Activity Intolerance, Risk For	621	A state in which an individual is at risk of experiencing insufficient physiological or psychological energy to endure or complete required or desired daily activities.
Adaptive Capacity, Decreased: Intracranial	623	A clinical state in which intracranial fluid dynamic mechanisms that normally compensate for increases in intracranial volumes are compromised, resulting in repeated disproportionate increases in intracranial pressure (ICP) in response to a variety of noxious and non-noxious stimuli.
Adjustment, Impaired	625	The state in which an individual is unable to modify his/her life style/behavior in a manner consistent with a change in health status.
Airway Clearance, Ineffective	835	A state in which an individual is unable to clear secretions or obstructions from the respiratory tract.
Anxiety	630	A vague, uneasy feeling whose source is often nonspecific or unknown to the individual.
Aspiration, Risk For	847	The state in which an individual is at risk for entry of gastrointestinal secretions, oropharyngeal secretions, or solids or fluids into tracheobronchial passages.
Body Image Disturbance	980	Disruption in the way one perceives one's body image.
Body Temperature, Risk for Altered	635	The state in which the individual is at risk for failure to maintain body temperature within normal range.
Breastfeeding, Effective	661	The state in which a mother-infant dyad/family exhibits adequate proficiency and satisfaction with the breastfeeding process.

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Breastfeeding, Ineffective	662	The state in which the mother, infant, or child experiences dissatisfaction or difficulty with the breastfeeding process.
Breastfeeding, Interrupted	663	A break in the continuity of the breast-feeding process as a result of inability or inadvisability to put baby to breast for feeding.
Breathing Pattern, Ineffective	840	A state in which the rate, depth, timing, rhythm or chest/abdominal wall excursion during inspiration, expiration or both; does not maintain optimum ventilation for the individual.
Cardiac Output, Decreased	665	A state in which the blood pumped by the heart is inadequate to meet the metabolic demands of the body.
Caregiver Role Strain	666	A caregiver's felt difficulty in performing the family caregiver role.
Caregiver Role Strain, Risk For	667	A caregiver is vulnerable for felt difficulty in performing the family caregiver role.
Communication, Impaired - Verbal	690	The state in which an individual experiences a decreased or absent ability to use or understand language in human interaction.
Confusion, Acute	691	The abrupt onset of a cluster of global, transient changes and disturbances in attention, cognition, psychomotor activity level of consciousness, and/or sleep/wake cycle.
Confusion, Chronic	692	An irreversible, long-standing and/or progressive deterioration of intellect and personality characterized by decreased ability to interpret environmental stimuli, decreased capacity for intellectual thought processes and manifested by disturbances of memory, orientation, and behavior.

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Constipation	655	A state in which an individual experiences a change in normal bowel habits characterized by a decrease in frequency and/or passage of hard, dry stools.
Constipation, Colonic	656	The state in which an individual's pattern of elimination is characterized by hard, dry stool which results from a delay in passage of food residue.
Constipation, Perceived	657	The state in which an individual makes a self-diagnosis of constipation and ensures a daily bowel movement through abuse of laxatives, enemas, and suppositories.
Coping (Community), Potential For Enhanced	693	A pattern of community activities for adaptation and problem solving that is satisfactory for meeting the demands or needs of the community but can be improved for management of current and future problems/stressors.
Coping (Community), Ineffective	694	A pattern of community activities for adaptation and problem solving that is unsatisfactory for meeting the demands or needs of the community.
Coping (Family), Ineffective: Compromised	699	A usually supportive primary person (family member or close friend) is providing insufficient, ineffective, or compromised support, comfort, assistance, or encouragement which may be needed by the client to manage or master adaptive tasks related to his or her health challenge.
Coping (Family), Ineffective: Disabling	700	Behavior of significant person (family member or other primary person) that disables his or her own capacities and the capacity to effectively address tasks essential to either person's adaptation to the health challenge.

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Coping (Family), Potential For Growth	698	Effective managing of adaptive tasks by family member involved with the health challenge, who now is exhibiting desire and readiness for enhanced health and growth in regard to self and in relation to the client.
Coping, (Individual), Ineffective	695	Impairment of adaptive behaviors and abilities of a person in meeting life's demands and roles.
Coping, Defensive	696	The state in which an individual repeatedly projects falsely positive self-evaluation based on a self-protective pattern which defends against underlying perceived threats to positive self-regard.
Decisional Conflict (specify)	701	The state of uncertainty about course of action to be taken when choice among competing actions involves risk, loss, or challenge to personal life values.
Denial, Ineffective	697	The state of conscious or unconscious attempt to disavow the knowledge or meaning of an event to reduce anxiety/fear to the detriment of health.
Diarrhea	660	A state in which an individual experiences a change in normal bowel habits characterized by the frequent passage of loose, fluid, unformed stools.
Disuse Syndrome, Risk For	703	A state in which an individual is at risk for deterioration of body systems as the result of prescribed or unavoidable musculoskeletal inactivity.
Diversional Activity Deficit	705	The state in which an individual experiences a decreased stimulation from (or interest or engagement in) recreational or leisure activities.
Dysreflexia	706	The state in which an individual with a spinal cord injury at T7 or above experiences a life-threatening uninhibited sympathetic response of the nervous system to a noxious stimulus.

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Energy Field Disturbance	708	A disruption of the flow of energy surrounding a person's being which results in a disharmony of the body, mind and/or spirit.
Environmental Interpretation Syndrome, Impaired	977	Consistent lack of orientation to person, place, time or circumstances over more than three to six months necessitating a protective environment.
Family Process, Altered: Alcoholism	711	The state in which the psychosocial, spiritual, and physiological functions of the family unit are chronically disorganized, leading to conflict, denial of problems, resistance to change, ineffective problem-solving, and a series of self-perpetuating crises.
Family Processes, Altered	710	The state in which a family that normally functions effectively experiences a dysfunction.
Fatigue	712	An overwhelming sustained sense of exhaustion and decreased capacity for physical and mental work.
Fear	715	Feeling of dread related to an identifiable source which the person validates.
Fluid Volume Deficit	720	The state in which an individual experiences decreased intravascular, interstitial and/or intracellular fluid. This refers to dehydration, water loss alone without change in sodium.
Fluid Volume Deficit, Risk For	722	The state in which an individual is at risk of experiencing vascular, cellular, or intracellular dehydration.
Fluid Volume Excess	725	The state in which an individual experiences increased isotonic fluid retention.
Gas Exchange, Impaired	845	A state in which an individual experiences an excess or deficit in oxygenation and/or carbon dioxide elimination at the alveolar-capillary membrane (specify: hypercapnia or hypoxemia).

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Grieving, Anticipatory	730	Intellectual and emotional responses and behaviors by which individuals (families, communities) work through the process of modifying self-concept based on the perception of potential loss.
Grieving, Dysfunctional	731	Extended, unsuccessful use of intellectual and emotional responses by which individuals (families, communities) attempt to work through the process of modifying self-concept based upon the perception of potential loss.
Growth And Development, Altered	735	The state in which an individual demonstrates deviations in norms from his/her age group.
Health Maintenance, Altered	745	Inability to identify, manage, and/or seek out help to maintain health.
Health Seeking Behaviors (specify)	746	A state in which an individual in stable health is actively seeking ways to alter personal health habits and/or the environment in order to move toward a higher level of health.
Home Maintenance Management, Impaired	750	Inability to independently maintain a safe growth-promoting immediate environment.
Hopelessness	755	A subjective state in which an individual sees limited or no alternatives or personal choices available and is unable to mobilize energy on own behalf.
Hyperthermia	645	A state in which an individual's body temperature is elevated above his/her normal range.
Hypothermia	640	The state in which an individual's body temperature is reduced below normal range.
Identity Disturbance, Personal	984	Inability to distinguish between self and nonself.
Incontinence, Bowel	658	A state in which an individual experiences a change in normal bowel habits characterized by involuntary passage of stool.

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Incontinence, Functional	940	The state in which an individual experiences an involuntary, unpredictable passage of urine.
Incontinence, Reflex	945	The state in which an individual experiences an involuntary loss of urine, occurring at somewhat predictable intervals when a specific bladder volume is reached.
Incontinence, Stress	950	The state in which an individual experiences a loss of urine of less than 50 ml occurring with increased abdominal pressure.
Incontinence, Total	955	The state in which an individual experiences a continuous and unpredictable loss of urine.
Incontinence, Urge	960	The state in which an individual experiences involuntary passage of urine occurring soon after a strong sense of urgency to void.
Infant Behavior, Disorganized	991	Alteration in integration and modulation of the physiological and behavioral systems of functioning (i.e., autonomic, motor, state, organizational, self regulatory and attentional-interactive systems).
Infant Behavior, Potential For Enhanced Organized	992	A pattern of modulation of the physiologic and behavioral systems of functioning of an infant (i.e., automatic, motor, state, organizational, self-regulatory, and attentional-interactive systems) that is satisfactory but that can be improved, resulting in higher levels of integration in response to environmental stimuli.
Infant Behavior, Risk For Disorganized	990	Risk for alteration in integration and modulation of the physiological and behavioral systems of functioning (i.e., autonomic, motor, state, organizational, self-regulatory, and attentional-interactive systems)
Infant Feeding Pattern, Ineffective.	664	A state in which an infant demonstrates an impaired ability to suck or coordinate the suck-swallow response.

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Infection, Risk For	760	The state in which an individual is at increased risk for being invaded by pathogenic organisms.
Injury, Risk For	770	A state in which the individual is at risk of injury as a result of environmental conditions interacting with the individual's adaptive and defensive resources.
Knowledge Deficit (specify)	775	Absence or deficiency of cognitive information related to specific topic.
Loneliness, Risk For	776	A subjective state in which an individual is at a risk of experiencing vague dysphoria.
Management Of Therapeutic Regimen, Effective: Individual	779	A pattern of regulating and integrating into daily living a program for treatment of illness and its sequelae that are satisfactory for meeting specific health goals.
Management of Therapeutic Regimen, Ineffective (Individuals)	778	A pattern of regulating and integrating into daily living a program for treatment of illness and the sequelae of illness that are unsatisfactory for meeting specific health goals.
Management of Therapeutic Regimen, Ineffective: Community	774	A pattern of regulating and integrating into community processes programs for treatment of illness and the sequelae of illness that are unsatisfactory for meeting health-related goals.
Management of Therapeutic Regimen, Ineffective: Families	773	A pattern of regulating and integrating into family processes a program for treatment of illness and the sequelae of illness that are unsatisfactory for meeting specific health goals.
Memory, Impaired	976	The state in which an individual experiences the inability to remember or recall bits of information or behavioral skills. Impaired memory may be attributed to pathophysiological or situational causes that are either temporary or permanent.
Neglect, Unilateral	925	A state in which an individual is perceptually unaware of, and inattentive to, one side of the body.

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Noncompliance (specify)	785	A person's informed decision not to adhere to a therapeutic recommendation.
Nutrition, Altered: Less than Body Requirements	790	The state in which an individual is experiencing an intake of nutrients insufficient to meet metabolic needs.
Nutrition, Altered: More than Body Requirements	800	The state in which an individual is experiencing an intake of nutrients which exceeds metabolic needs.
Nutrition, Altered: Risk for More than Body Requirements	791	The state in which an individual is at risk of experiencing an intake of nutrients which exceeds metabolic needs.
Oral Mucous Membrane, Altered	915	The state in which an individual experiences disruptions in the tissue layers of the oral cavity.
Pain	675	An unpleasant sensory and emotional experience arising from actual or potential tissue damage or described in terms of such damage (International Association for the Study of Pain); sudden or slow onset of any intensity from mild to severe with an anticipated or predictable end and a duration of less than 6 months.
Pain, Chronic	680	An unpleasant sensory and emotional experience arising from actual or potential tissue damage or described in terms of such damage (International Association for the Study of Pain); sudden or slow onset of any intensity from mild to severe, constant or recurring without an anticipated or predictable end and a duration of greater than 6 months.
Parent/Infant/Child/ Attachment, Risk For Altered	807	Disruption of the interactive process between parent/significant other and infant that fosters the development of a protective and nurturing reciprocal relationship.
Parental Role Conflict	808	The state in which a parent experiences role confusion and conflict in response to crisis.

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Parenting, Altered	805	The state in which a nurturing figure(s) experiences an inability to create an environment which promotes the optimum growth and development of another human being.
Parenting, Risk For Altered	806	The state in which a nurturing figure(s) is at risk to experience an inability to create an environment which promotes the optimum growth and development of another human being.
Perioperative Positioning Injury, Risk For	996	A state in which the client is at risk for injury as a result of the environmental conditions found in the perioperative setting.
Peripheral Neurovascular Dysfunction, Risk For	782	A state in which an individual is at risk of experiencing a disruption in circulation, sensation, or motion of an extremity.
Physical Mobility, Impaired	780	A state in which the individual experiences a limitation of ability for independent physical movement.
Poisoning, Risk For	771	Accentuated risk of accidental exposure to, or ingestion of, drugs or dangerous products in doses sufficient to cause poisoning.
Post-Trauma Response	815	The state of an individual experiencing a sustained painful response to an overwhelming traumatic event(s).
Powerlessness	825	Perception that one's own actions will not significantly affect an outcome; a perceived lack of control over a current situation or immediate happening.
Protection, Altered	827	The state in which an individual experiences a decrease in the ability to guard the self from internal or external threats such as illness or injury.

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Rape-Trauma Syndrome	820	Forced, violent sexual penetration against the victim's will and consent. The trauma syndrome that develops from this attack or attempted attack includes an acute phase of disorganization of the victim's lifestyle and a long-term process of reorganization of lifestyle.
Rape-Trauma Syndrome: Compound Reaction	821	Forced, violent sexual penetration against the victim's will and consent. The trauma syndrome that develops from this attack or attempted attack includes an acute phase of disorganization of the victim's lifestyle and a long-term process of reorganization of lifestyle.
Rape-Trauma Syndrome: Silent Reaction	822	Forced, violent sexual penetration against the victim's will and consent. The trauma syndrome that develops from this attack or attempted attack includes an acute phase of disorganization of the victim's lifestyle and a long-term process of reorganization of lifestyle.
Relocation Stress Syndrome	828	Physiological and/or psychosocial disturbances as a result of transfer from one environment to another.
Role Performance, Altered	848	Disruption in the way one perceives one's role performance.
Self Care Deficit, Bathing/Hygiene	852	A state in which the individual experiences an impaired ability to perform or complete bathing/hygiene activities for oneself.
Self Care Deficit, Dressing/Grooming	853	A state in which the individual experiences an impaired ability to perform or complete dressing and grooming activities for oneself.
Self Care Deficit, Feeding	857	A state in which the individual experiences an impaired ability to perform or complete feeding activities for oneself.
Self Care Deficit, Toileting	854	A state in which the individual experiences an impaired ability to perform or complete toileting activities for oneself.

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Self Esteem Disturbance	981	Negative self-evaluation/feelings about self or self capabilities, which may be directly or indirectly expressed.
Self Esteem, Chronic Low	982	Long-standing negative self evaluation/feelings about self or self capabilities.
Self Esteem, Situational Low	983	Negative self-evaluation/feelings about self which develop in response to a loss or change in an individual who previously had a positive self evaluation.
Self-Mutilation, Risk For	971	A state in which an individual is at risk to perform an act upon the self to injure, not kill, which produces tissue damage and tension relief.
Sensory/Perceptual Alterations (specify) (Visual, auditory, kinesthetic, gustatory, tactile, olfactory)	865	A state in which an individual experiences a change in the amount or patterning of oncoming stimuli accompanied by a diminished, exaggerated, distorted, or impaired response to such stimuli.
Sexual Dysfunction	875	The state in which an individual experiences a change in sexual function that is viewed as unsatisfying, unrewarding, inadequate.
Sexuality Patterns, Altered	870	The state in which an individual expresses concern regarding his/her sexuality.
Skin Integrity, Impaired	910	A state in which the individual's skin is adversely altered.
Skin Integrity, Risk For Impaired	911	A state in which an individual's skin is at risk of being adversely altered.
Sleep Pattern Disturbance	880	Disruption of sleep time causes discomfort or interferes with desired lifestyle.
Social Interaction, Impaired	890	The state in which an individual participates in an insufficient or excessive quantity or ineffective quality of social exchange.
Social Isolation	885	Aloneness experienced by the individual and perceived as imposed by others and as a negative or threatened state.

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Spiritual Distress (Distress Of The Human Spirit)	895	Disruption in the life principle which pervades a person's entire being and which integrates and transcends one's biological and psychosocial nature,
Spiritual Well-being, Potential For Enhanced	896	Spiritual well-being is the process of an individual's developing/unfolding of mystery through harmonious interconnectedness that springs from inner strengths.
Suffocation, Risk For	846	Accentuated risk of accidental suffocation (inadequate air available for inhalation).
Swallowing, Impaired	795	The state in which an individual has decreased ability to voluntarily pass fluids and/or solids from the mouth to the stomach.
Thermoregulation, Ineffective	650	The state in which the individual's temperature fluctuates between hypothermia and hyperthermia.
Thought Processes, Altered	900	A state in which an individual experiences a disruption in cognitive operations and activities.
Tissue Integrity, Impaired	905	A state in which an individual experiences damage to mucous membrane, corneal, integumentary or subcutaneous tissue.
Tissue Perfusion, Altered (Specify Type: Renal, Cerebral, Cardiopulmonary, Gastrointestinal, Peripheral)	920	The state in which an individual experiences a decrease in nutrition and oxygenation at the cellular level due to a deficit in capillary blood supply.
Trauma, Risk For	772	Accentuated risk of accidental tissue injury, e.g., wound, burn, fracture.
Urinary Elimination, Altered	930	The state in which the individual experiences a disturbance in urine elimination.
Urinary Retention	965	The state in which the individual experiences incomplete emptying of the bladder.

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Ventilation, Inability to Sustain Spontaneous	831	A state in which the response pattern of decreased energy reserves results in an individual's inability to maintain breathing adequate to support life.
Ventilatory Weaning Response, Dysfunctional (DVWR)	832	A state in which a patient cannot adjust to lowered levels of mechanical ventilator support, which interrupts and prolongs the weaning process.
Violence, Risk For: Directed At Others	972	Behaviors in which an individual demonstrates that he/she can be physically, emotionally, and/or sexually harmful to others.
Violence, Risk For: Self-Directed	970	Behaviors in which an individual demonstrates that he/she can be physically, emotionally and/or sexually harmful to self.