



**Arizona School Nurse Consortium**

A 501 (c)(3) Non-profit Organization



21<sup>st</sup> Annual School Health Nursing Seminar



# School Nursing ROCKs: Raising Our Core Knowledge



A Seminar for RNs, LPNs, and Other Health Office Personnel

**July 14, 15, & 16, 2008**



**Chaparral Suites Resort**  
Scottsdale, Arizona

## School Nursing ROCKs: Raising Our Core Know

July 14<sup>th</sup> - 16<sup>th</sup>, 2008

### FEATURED SPEAKER - Chef Michelle Dudash, RD



Michelle Dudash, founder and owner of Chef Dudash Nutrition, is highly regarded as a food and nutrition expert. As a Registered Dietitian (RD) and a certified Le Cordon Bleu Chef, she has held a private practice in the Phoenix metropolitan area for several years as a chef, counselor, consultant, speaker, and media resource.

With this experience Michelle has been able to educate and entertain audiences and personal clients on weight loss strategies, culinary arts and wellness topics.

Her expertise has targeted various corporations, associations, and universities, like ARAMARK, Glaceau, Unilever, Murray's Cookies, Nothing but Noodles restaurants, and Arizona State University. Michelle has made over 40 television guest appearances including one on the national FOX News Channel. Additionally, she has consulted with CN Resource in conducting hundreds of School Meal Initiative reviews for the National School Lunch Program for states around the country.

In addition to her career in nutrition, Michelle's culinary career includes cooking modern French cuisine at Mary Elaine's at The Phoenician and working as a private chef. Michelle is an inspirational person who serves as a role model for all of her clients through practicing what she preaches. She believes that loving what you do, staying active and enjoying most everything in moderation are keys to living well.

---

### SPONSORS

The Arizona School Nurse Consortium would like to "Thank" the sponsors who are supporting this Seminar.

★CHIP-AZ Software Support

★AZ Chapter of the American Academy of Pediatrics

★Arizona Nurses Association, Chapter 15 – School Nurse

★ReachOut Healthcare America

---

### AZSNC AFFILIATE ORGANIZATIONS

Arizona Nurses Association, Chapter 15 - School Nurse

Arizona Public Health Association, School Health Section

---

### SEMINAR OBJECTIVES

- ★ Demonstrate skillful management of the school health office.
- ★ Increase core knowledge of best practice in school health nursing.
- ★ Identify programs and practices that are beneficial to the physical and mental health of school-age children.

## School Nursing ROCKs: Raising Our Core Know

### Monday, July 14, 2008

7:00 - 8:00 am - Registration and Continental Breakfast

Concurrent All Day Sessions (Select One Session)

#### RN New to School Nursing

8:00 - 8:10 am

**Welcome**

8:10 - 10:00 am

**Building a Strong Foundation**

Linda Krahulec, RN, BSN, M.Ed - Paradise Valley Unified School District

10:00 - 10:15 am

**Break**

10:15 - 12:00 pm

**Building a Strong Foundation** *continued*

12:00 - 1:00 pm

**Lunch**

1:00 - 2:15 pm

**Arizona Immunization Updates**

Chris Lyons, MS, RN, Immunization Services Manager &amp; Jennifer Ralston-King, Immunization Assessment Coordinator - Arizona Immunization Program – AZ Department of Health Services

2:15 - 2:30 pm

**Break**

2:30 - 4:15 pm

**Arizona School Health Annual Report (ASHAR)**

Karen Reuter, MS, RN - Paradise Valley Unified School District

4:15 - 5:15 pm

**Raising Our Core Knowledge**

Linda Krahulec, RN, BSN, M.Ed - Paradise Valley Unified School District

Kathy Rucker, RN, BSN, Tucson Unified School District

5:15 pm

**Adjourn/Submit Speaker Evaluation Forms/Receive CEU forms**

#### Experienced Health Office Personnel

8:00 - 8:10 am

**Welcome**

8:10 - 10:00 am

**Nursing Interventions in the School Setting for Students Diagnosed with Bipolar D/O, OCD and Schizophrenia**

Ann Guthery, RN, MS, Psych/Mental Health NP, AZ Family Resource Counseling Center

10:00 - 10:15 am

**Break**

10:30 - 11:30 am

**Nursing Interventions to Deal with the Effects of Stress and Trauma for Mental Health of Students**

Ann Guthery, RN, MS, Psych/Mental Health NP, AZ Family Resource Counseling Center

11:30 - 12:30 pm

**Arizona Immunization Updates**

Chris Lyons, MS, RN, Immunization Services Manager &amp; Jennifer Ralston-King, Immunization Assessment Coordinator Arizona Immunization Program - ADHS

12:30 - 1:30 pm

**Lunch**

1:00 - 2:30 pm

**Overview of Autism Spectrum Disorders & Intervention**Joseph Gentry, Ph.D., Director of School Based Consultation Services  
Southwest Autism Research & Resource Center

2:30 - 2:45 pm

**Break**

2:45 - 4:00 pm

**Overview of Autism Spectrum Disorders & Intervention** *continued*

4:00 - 5:15 pm

**Autism Headlines: Fact or Fiction**

Speaker TBA

5:15 pm

**Adjourn/Submit Speaker Evaluation Forms/Receive CEU forms**

#### LPN/Other Health Office Personnel – New to School Health

8:00 - 8:10 am

**Welcome**

8:10 - 10:00 am

**Office Management & Documentation**

Sue Bast, Ed.D, BSN - Paradise Valley Unified School District

10:00 - 10:15 am

**Break**

10:15 - 12:00 pm

**Safe Care When The School Nurse Isn t There**

Kathy Rucker, RN, BSN &amp; Heather Teel, RN, BSN, Tucson Unified School District

12:00 - 1:00 pm

**Lunch**

1:00 - 2:15 pm

**Safe Care When The School Nurse Isn t There** *continued*

2:15 - 2:30 pm

**Break**

2:30 - 4:00 pm

**Medications in the Health Office**

Heather Teel, RN, BSN, Tucson Unified School District

4:00 - 5:15 pm

**Arizona Immunization Updates**

Suzanne Boyd, RN, MS, NCSN, Tucson Unified School District

5:15 pm

**Adjourn/Submit Speaker Evaluation Forms/Receive certificate of participation**

#### ADHS Hearing Re-Training, Afternoon Only

Trainer: Sue Bast, Ed.D, BSN, Paradise Valley Unified School District - **NOTE: 4-hour afternoon session** is an optional offering **limited to 30 participants** who took the ADHS Hearing Training in 2003 or before. Fee includes lunch, break & handouts.

12:00 - 1:00 pm

**Lunch**

1:00 - 5:00 pm

**Retraining**

5:00 pm

**Adjourn/Submit Speaker Evaluation Forms/Receive Certificate**

## School Nursing ROCKs: Raising Our Core Know

Tuesday, July 15, 2008

### General Session

7:00 - 8:00 am	<b>Registration and Continental Breakfast</b>
8:00 - 8:10 am	<b>Welcome</b> Karen Reuter, MS, RN, AZSNC
8:10 - 9:40 am	<b>Thinking Outside of the (Lunch) Box</b> Michelle Dudash, RD, Speaker, Worksite Wellness & Culinary Consultant, Media Resource, Chef Dudash Nutrition <b>Sponsors: Arizona Nurses Association, Chapter 15 – School Nurse and ReachOut Healthcare America</b>
9:40 - 9:55 am	<b>Break</b>
9:55 - 10:45 am	<b>School Nursing and Nutrition Updates</b> Y. Diane Tasev, RN, BSN – Program Specialist/School Nurse Coordinator, Arizona Department of Education, Health and Nutrition Services
10:45 - 12:00 pm	<b>Discover the Power of Nutrition Education</b> Lisa Quinonez, Recreation Coordinator, Nutrition Education and Training (NEAT), City of Phoenix, Parks and Recreation Department
12:00 - 1:15 pm	<b>Lunch and Recognitions</b> <b>Sponsor: Arizona Chapter of the American Academy of Pediatrics</b>
1:15 - 2:15 pm	<b>Grand Canyon Trekkers</b> Alisa Hawthorne, RN, MSN, Health Educator
2:15 - 4:00 pm	<b>Facilitating the School Experience for Childhood Cancer Survivors</b> Marcia Soldavini, LCSW, ACSW, Clinical Social Worker, Phoenix Children's Hospital, Center for Cancer and Blood Disorders Sharon Denny, RN, BSN, CPON, Phoenix Children's Hospital
4:00 pm	<b>Adjourn/Submit Speaker Evaluation Forms/Receive CEU forms</b>
4:00 - 6:00 pm	<b>Exhibits</b>



## Exhibits

4:00 - 6:00 pm

North Lobby & Mohave Rooms



***Visit with the Exhibitors! An opportunity to learn about agencies and resources!***

***Drawings will be held throughout the exhibits!  
(Items donated by the Exhibitors)***

***Drawing for Registration fee for the 2009, 22<sup>nd</sup> Annual School Health Nursing Seminar***

***Mix and Mingle with your colleagues!***

***Enjoy an afternoon snack!***



**Sponsors:  
CHIP-AZ Software Support  
ReachOut Healthcare America**



## School Nursing ROCKs: Raising Our Core Know

Wednesday, July 16, 2008

### General Session

7:00 - 8:00 am	<b>Registration and Continental Breakfast</b>
8:00 - 8:10 am	<b>Welcome</b> Karen Reuter, MS, RN, AZSNC
8:10 - 9:30 am	<b>Managing the Multigenerational Staff</b> Lisa Jaurigue, RN, MSN, Assistant Professor, Grand Canyon University
9:30 - 9:45 am	<b>Break</b>
9:45 - 11:00 am	<b>Intercultural Proficiency</b> Albert Siqueiros, Ed.D, Assistant Superintendent of Student Support Services, Tucson Unified School District
11:00 - 12:00 pm	<b>What You Can't See, Can Hurt You!</b> Esther Munoz, RN, BSN, CIC, Phoenix Children's Hospital, Infection Control
12:00 - 1:00 pm	<b>Lunch</b>
1:00 - 1:30 pm	<b>Electronic Surveillance Project</b> Yue Qiu, MPH, Syndromic Surveillance Epidemiologist, Office of Infectious Disease, Division of Public Health Prevention Services, Arizona Department of Health Services
1:30 - 2:00 pm	<b>The New CPR for the Next Generation</b> Lani Clark, Director Prehospital Research & Quality Improvement for Arizona Department of Health Services/Bureau of Emergency Medical Services at University of Arizona Sarver Heart Center
2:00 - 3:00 pm	<b>Recognizing the Many Faces of Bullying</b> Brenda Vallana, M.Ed., Instructional Specialist, Certified Trainer – Olweus Bullying Prevention Program, Chandler Unified School District
3:00 - 3:15 pm	<b>Break</b>
3:15 - 4:15 pm	<b>Recognizing the Many Faces of Bullying</b> <i>continued</i>
4:15 pm	<b>Adjourn/Submit Speaker Evaluation Forms/Receive CEU forms</b>

### ADHS Hearing Training Session

Optional all-day training session to meet ADHS requirements for conducting hearing screening in the school setting. Before registering for this session, check if your school district provides local ADHS Hearing Training.

**Space limited to 30 participants.**

8:00 am	<b>Introduction to Hearing</b>
9:30 am	<b>Break</b>
9:45 am	<b>Pre-screening</b>
10:45 am	<b>Otitis Media</b>
12:00 noon	<b>Lunch</b>
1:00 pm	<b>Puretone Screening</b>
2:45 pm	<b>Break</b>
3:00 pm	<b>Referral/Notification/Reporting</b>
4:30 pm	<b>Adjourn/Submit Speaker Evaluation Forms/Receive Hearing Training Certificate</b>

## Basket Drawings

Baskets will be on display and tickets sold all three days of the Seminar (Proceeds fund the Health Street newsletter).

**Drawings at 4:15 pm, Wednesday!**



To donate a basket, contact Denise Allen: 94nurse@cox.net

## School Nursing ROCKs: Raising Our Core Know

July 14<sup>th</sup> - 16<sup>th</sup>, 2008

### LOCATION & RESORT INFORMATION

#### Chaparral Suites Resort

5001 N. Scottsdale Road  
Scottsdale, AZ 85250  
Phone: 480.949.1414 • Fax: 480.947.2675

#### Sleeping Rooms

Two-room suites - newly renovated!  
Ask for Arizona School Nurse Consortium rate:  
\$99.00 per room per night plus tax  
Single, Double, Triple or Quadruple

#### Complimentary Amenities

Cook to order breakfast      USA Today  
Evening Reception              Airport Transportation  
Free parking

### GENERAL SEMINAR INFORMATION

#### WHO SHOULD ATTEND THIS SEMINAR

Registered Nurses, Licensed Practical Nurses, Other Health Office Personnel (Health Assistants, Health Clerks, EMTs, Others), Guests.

#### ACCREDITATION

AZSNC has applied for *Contact Hours* through the Arizona Nurses Association (AzNA), an accredited provider of continuing education by the American Nurses Credentialing Center Commission on Accreditation (ANCC). Awarded contact hours TBA.

**Note:** Effective January 1, 2007, the American Nurses Credentialing Center changed the previous ratio of 1.0 credit for 50 minutes of activity to 1.0 credit for 60 minutes of activity.

#### SEMINAR SESSIONS & EXHIBITS

All Seminar activities will be in the Chaparral Conference Center located at the east end of the Resort property off Chaparral Road.

#### PARKING

Free close parking is available in lots at the north and east sides of the Chaparral Conference Center.

#### REGISTRATION

Register daily in the Chaparral Conference Center Lobby.

#### SEMINAR ATTIRE

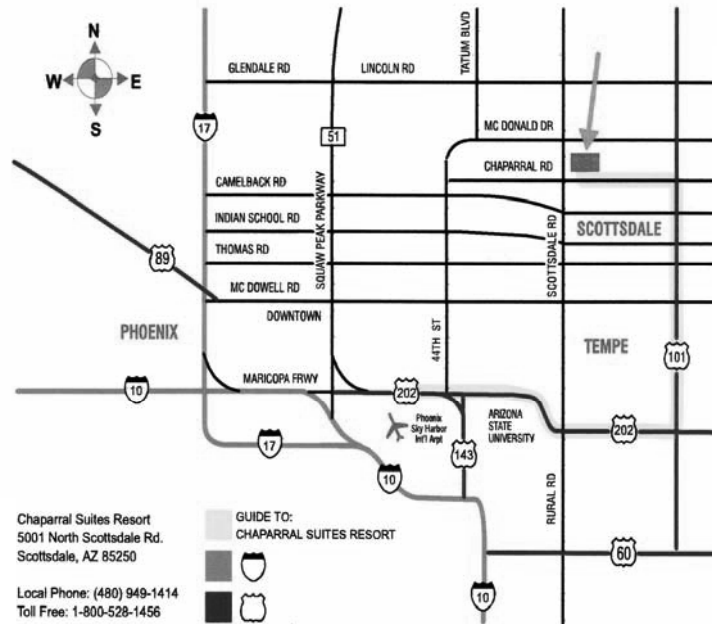
The Seminar dress code is business casual. While we attempt to keep meeting rooms at a comfortable temperature, layered clothing is suggested.

#### CELL PHONES, PAGERS, ETC.

As a courtesy to speakers and attendees, all cell phones, pagers and other communication devices must be on vibrate or turned off during the Seminar sessions. If you must answer a call, we request you leave the session to eliminate disturbing your fellow colleagues.

#### ARIZONA SCHOOL HEALTH GUIDELINES MANUAL FOR REGISTERED NURSES

Sections of the Guidelines Manual and/or entire manuals will be available for purchase each day in the Conference Center Lobby!



### ARIZONA SCHOOL NURSE CONSORTIUM (AZSNC)

[www.azschoolnurse.org](http://www.azschoolnurse.org)

**VISION** All children are able to achieve their highest level of health and wellness, positioning them to be successful learners, through a partnership with a certified professional school nurse.

**MISSION** To provide leadership in the delivery of quality school health programs in every school through Arizona licensed professional school nurses and dissemination of children's healthcare and wellness information to Arizona school age children and their families.

#### GOALS

- To promote the assessment and evaluation of health needs to plan comprehensive school health programs.
- To provide educational, professional and organizational communication to all school nurses statewide.
- To promote development of educational opportunities for school nurses and other health office personnel statewide.
- To advocate for Arizona School Nurse Certification for all professional school nurses to promote minimum standards of practice.

**DONATIONS** AZSNC is a 501 (c)(3) non-profit organization that welcomes and appreciates tax deductible annual donations of \$20 or more to support the Health Street biannual newsletter mailed to Arizona schools. Donations can be made when you send this Seminar Registration Form or by mailing your donation with the School Nurse Information Form to:

Arizona School Nurse Consortium  
PO Box 23688, Tempe, AZ 85285-3688

21<sup>st</sup> Annual School Health Nursing Seminar  
**School Nursing ROCKs: Raising Our Core Know**  
 July 14<sup>th</sup> - 16<sup>th</sup>, 2008

**Registration Form** (Please Print Legibly or Type)

Last Name	First Name	Middle Initial
Home Address <i>(Registration Confirmation will be emailed or mailed)</i>	City	State      Zip
Home Phone      -      -	Home Email	
<input type="checkbox"/> Please indicate any special needs or dietary restrictions		
<input type="checkbox"/> RN <input type="checkbox"/> LPN <input type="checkbox"/> Health Assistant <input type="checkbox"/> Health Clerk <input type="checkbox"/> Other		First Time Seminar Attendee <input type="checkbox"/> Yes <input type="checkbox"/> No
Employer (School District, Organization)		School
School/Work Address	City	State      Zip
Your Title	Work Email	
Work Phone      -      -      ext	Work Fax      -      -	

**REGISTRATION INFORMATION**    Easy as ① ② ③

**① Seminar Sessions - Mark Daily Session Choice**

**Monday, July 14, 2008**

Concurrent Sessions - 8:00 am to 5:15 pm

- RN New to School Nursing
- Experienced School Health Office Personnel
- LPN & Other Health Office Personnel (OHOP)

Afternoon Training Session - 12 to 5 pm (Includes Lunch)

- ADHS Hearing Retraining (Space limited to 30) only if had ADHS Hearing Training in 2003 or before.

**Tuesday, July 15, 2008**

- General Session for All School Nurses and Other Health Office Personnel

**Wednesday, July 16, 2008**

- General Session for All School Nurses and Other Health Office Personnel

All Day Training Session - 8:00 am to 4:30 pm

- ADHS Hearing Training - **Before registering, check if your school district provides ADHS Hearing Training.** (Space limited to 30)

**② Registration Fees** - Fees include daily continental breakfast, refreshment breaks, lunch and handouts.

	<b>Early:</b> (Postmarked by June 30)	<b>Regular/On-site:</b> (Postmarked after June 30)
--	---	--

**3 Day Registration**

(M, T & W all day sessions)

\$275      \$325      \$\_\_\_\_\_

**Daily Registration**

Circle Days Attending:

<b>M    T    W</b>	\$100/day	\$115/day	\$_____
--------------------	-----------	-----------	---------

**ADHS Hearing Retraining**

(Monday Afternoon Only)

\$60      \$75      \$\_\_\_\_\_

**Annual Sponsor Donation to AZSNC –**

Optional \$20 or more tax deductible donation to support the biannual Health Street newsletter.      \$\_\_\_\_\_

**TOTAL ENCLOSED**      \$\_\_\_\_\_

**③ Payment Method**

- Purchase Order:** All POs postmarked after June 30 will be invoiced at \$115/day. Registration Form(s) **MUST** be received with the PO. Late fee of \$25 per person will be assessed on all unpaid invoices after 9/16/08.

PO# \_\_\_\_\_ Contact Person \_\_\_\_\_ Phone \_\_\_\_\_ ext \_\_\_\_\_

- Check or Money Order** (enclosed)    Payable to: **Arizona School Nurse Consortium**

**Mail this completed Registration Form with payment to:** Arizona School Nurse Consortium  
 PO Box 23688, Tempe, AZ 85285-3688

**For further information:** Denise Allen - Phone: 480-276-6025 • Fax: 480-659-8154 • Email: [94nurse@cox.net](mailto:94nurse@cox.net)

**Cancellation Policy:** Refunds will be provided if AZSNC is notified in writing prior to July 1, 2008. All refunds are subject to a \$25 administrative fee. No refunds will be issued after July 1<sup>st</sup>, 2008. Refunds will not be issued for non-attendance.

**Return Check Policy:** \$25 fee will be billed for all returned checks.

OFFICE USE ONLY	Date Received: _____	Registration #: _____	Days Registered for seminar: _____
Check #.: _____	P.O. #: _____	Invoice #: _____	Donation: _____      Total Paid: _____



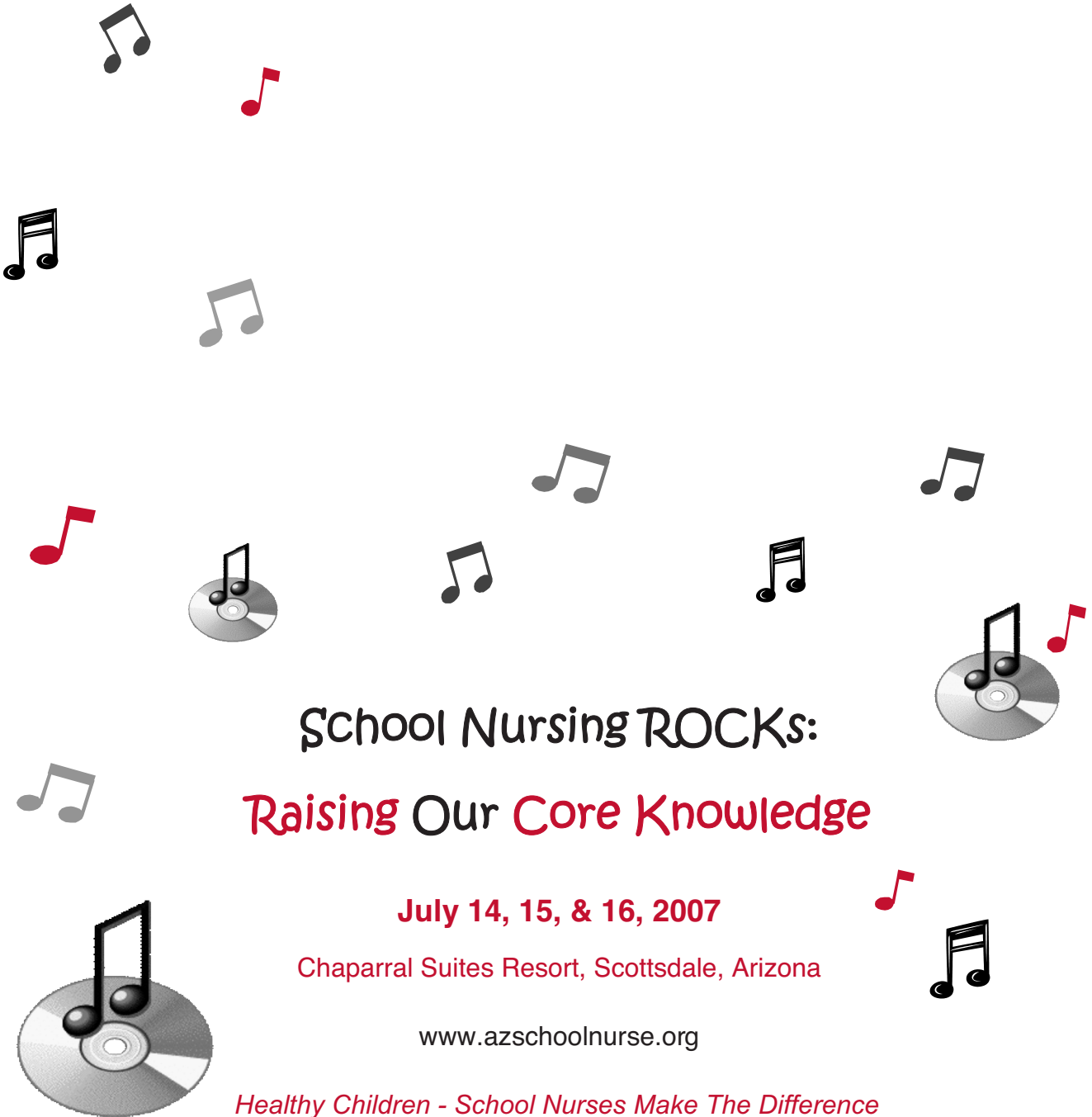
## The Arizona School Nurse Consortium

A 501 (c)(3) Non-profit Organization

PO Box 23688

Tempe, AZ 85285-3688

NONPROFIT  
US POSTAGE PAID  
PHOENIX AZ  
PERMIT NO 5885



# School Nursing ROCKs: Raising Our Core Knowledge

**July 14, 15, & 16, 2007**

Chaparral Suites Resort, Scottsdale, Arizona

[www.azschoolnurse.org](http://www.azschoolnurse.org)

*Healthy Children - School Nurses Make The Difference*